



NIBLICK NEWS

SEPULVEDA SENIORS' GOLF CLUB DECEMBER 2024

LEADERS OF THE PACK

First November Monthly--Two-Player-Better-Ball--November 14--Harding
A-Flight

Player Low Net--Victor Schwartz--73--\$40

Team Low Gross--Anthony Benenati/Dave Woody Wood--67--\$45

Team Low Net--Robert Kadin/Terry Kloepfer--64--\$45

B-Flight

Player Low Net--Mark Berkowitz--73--\$44

Team Low Gross--ken Morris/Paula Nguyen--82--\$45

Team Low Net--Daniel Marinoff/Roger Cowan--68--\$45

C-Flight

Player Low Net--Don Kihara--74--\$38

Team Low Gross--Ernest Wong/Marvin Brown; Joe Radford/Marcus Kourtjian; Arthur Schonfeld/Vern Cote--90--\$36

Team Low Net--Art Martinez/Don Kihara; Ron Trachtenberg/Warren McGaha----70--\$41

DEEP POCKETS

A-Flight--Anthony Benenati--\$126; B-Flight--John Platt--\$121; C-Flight--Roger Cowan--\$100

Second November Monthly--Four-Partner-Two-Better-Ball--November 18
A-Flight

Player Low Gross--Anthony Benenati--72--\$30

Player Low Net--Kenny Merchant--69--\$35

B-Flight

Player Low Gross--Ed Reyes--80--\$30

Player Low Net--Ed Reyes--68--\$45

C-Flight

Player Low Gross--Paula Nguyen--83--\$35

Player Low Net--Paula Nguyen--66--\$50

DEEP POCKETS

A-Flight--Kenny Merchant--\$121; B-Flight--De Ron Jones--\$138; Satur Duenas--\$123

AWARDS LUNCHEON

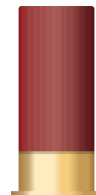
PRIZES

RAZZLE DAZZLE

ELECTIONS

TROPHIES

ENTERTAINMENT



SHOTGUN START

2023-2024 AWARD WINNERS



Marco Zoila--Golfer of the Year



**Anthony Benenati--
Club Champion**



Marcus Kourtjian--Most Improved



Mark Berkowitz/Robert Goldstein--Founders' Cup Champions



Gordon Seaberg--President's Cup A-Flight Champion



Satur Duenas--B-Flight President's Cup Champion



Larry Tash--Distinguished Service Award

Golfer of the Year--11/1/24-10/31/25

Most Improved--11/1/24-10/31/25

4

Berkowitz 15.00

Khara 15.00

Benenati 14.50

Schwartz 14.50

Zambito 13.50

Ozuna 13.50

Cowan 13.50

Lieb 13.50

Lundstrom 13.00

Kloepfer 12.00

Wong 12.00

Nguyen 11.50

Gooze 11.50

McGaha 11.00

Cote 10.00

Willits 9.50

Montgomery 9.50

Wood 9.50

Dahood 9.50

Morris 8.00

Kenny Merchant 9.3 8.3

Steven Skinner 18.4 17.1

Barbara Nance 10.3 9.7

Satur Duenas 21.0 20.2

Conal O'Herlihy 14.2 13.6

John Lara 6.9 6.5

Jason Montgomery 7.9 7.5

Marco Zoida 11.0 10.6

Vern Cote 23.1 22.5

Warren Friedman 19.1 18.6

Carla Loomis 12.8 12.4

Brian Coats 8.0 7.7

William Wood 8.4 8.1

Andrew Rudnicki 17.0 16.6

Michael Bochenek 23.4 23.0

Jeffrey Markle 25.7 25.3

Robert Goldstein 18.4 18.1

Robert Shuttleworth 19.5 19.2

Leonard Zambito 16.9 16.7

Victor Schwartz 9.1 9.0

GET READY!



DECEMBER 2024

SUN MON TUE WED THU FRI SAT

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

December 2--First December Monthly-- Four Player--1-2-3--En

December 11--Two Player Scramble--Shotgun--7:30 Balboa

December 11--Annual Awards Luncheon--1:00



AND NOW, A WORD FROM OUR...MEMBERS

This section is for golf-related memories, creativity, humor, inspiration, tips: something that is not on our website. This issue features Anthony Benenati--Club Champion



I was asked to write this month's article for the Niblick newsletter as the Club Champion, to introduce myself and maybe to share a little bit of my history and some golf tips. So, if any of that is interesting to you, please keep reading. My name is Anthony Benenati. I joined the SSGC a couple of years ago in hopes of meeting new friends and playing some competitive golf again. I did play for a year in the Sepulveda Men's Club, and won a few tournaments, but I wasn't meeting any guys that I related to. Maybe that's what happens as we get older, or maybe it is just the people I played with. Either way, I needed a change. I remember playing with Jan in my first tournament in the club and instantly bonded with him over our military service (I served in the Air Force from 1986-1992; the last year during Gulf War 1) and our love for the game. He was warm and welcoming, and I immediately knew I had made the right choice by joining this club.

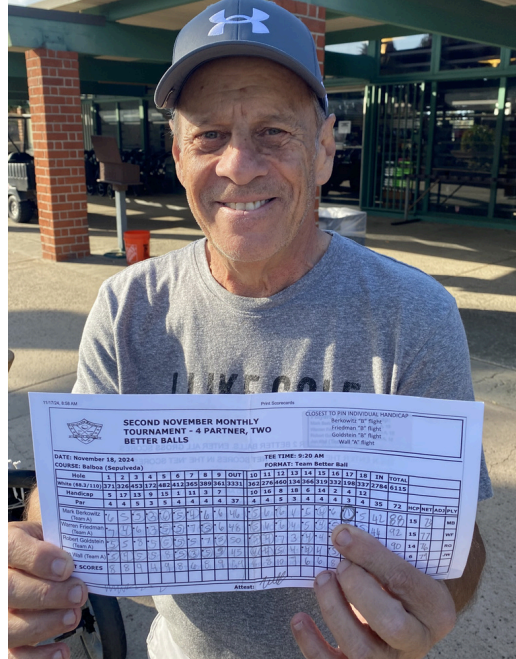
I started golfing in San Clemente when I was about 14 or 15 after moving from Boston. I still remember my first set of Spaulding Executive golf clubs with my persimmon woods. Those were the days of "hitting them on the screws" since there were screws holding in the face plate. I played every day I could after school until dark. I read all the books and practiced what they taught almost every day. My first tournament was the San Diego Juniors in 1983. I played throughout the military and after, but I would say that I started to take my game seriously about 20 years ago. Up until that point I had never had an official lesson. I am completely self-taught. Some trivia about me is that I don't wear a glove. I learned that way, so it is what feels right. I have never had a hole-in-one. Some find it hard to believe, including myself, but I have come to learn that in many cases they are pure luck. I have seen a guy get one after hitting a tree. I once took a lesson from Roger Dunn before he passed, but at that time he was more interested in showing me his scrapbook about himself. But I digress.

Professionally, I am a yoga and philosophy teacher. It has been my career for over 30 years. When I mention yoga, most people have an idea of what it is, but don't know much about it. For the sake of this article, I will just say that it is one of the most important parts of my life and, therefore, my game. Yoga isn't about being flexible. That is one of the great myths. It is surely a byproduct, but it is not the goal. Yoga keeps me strong in a longer range of motion than just weightlifting or other physical modalities. It keeps me balanced. It helps to keep me centered and focused by breathing and getting into an easeful place in my mind. One interesting fact about yoga is that, originally, it was practiced only by men. I would say nothing has had a bigger impact on my game than yoga. It's like golf and yoga were made for each other. They are a perfect complement.

As for tips, I am sure you have heard them all. However, practice is the key. And I don't mean just beating a bucket of balls. I mean practice like you're playing a match. The adage, "practice makes perfect" is baloney. You could be practicing the wrong thing over and over and just creating bad habits. Gary Player said, "practice makes permanent". How you practice is more important than your practice. I realize that this is a senior's club and none of us are getting any younger, so practice the things that are going to improve your scores, mainly the short game. 100 yards and in are where most golfers lose most of their shots, including myself. I can still bomb my drives, but that isn't going to last forever. I rely heavily on my short game and always have. That's where you should spend most of your time. It isn't sexy like driving the ball far, but it will drop your scores, and in turn, give you more joy on the course.

See you on the course!

Mark Berkowitz, Our Ace of the Month



Mark's Ace on Balboa's 198 yard 17th during a Club event will earn him an additional \$100. [The Editor assumes he won low gross.]

HELP COMPUTER WIZARDS!

Unfortunately as a seniors club, we don't have any 11-year-old member. As you might have read in the minutes, the Board is planning to change our website from Mulligan Golf to Golf Genius. We are looking for volunteers with computer skills to help with this transition. Please contact Larry Tash, 818 917-7571; larry.tash@gmail.com. Thank you.



MEMBERSHIP SUMMARY

The Club has 246 members--197 Full and 49 Associate*

***An Associate Member pays reduced dues, is entitled to a handicap, can play in six Club tournaments--excluding the three majors--but is ineligible to be Golfer of the Year and Most Improved**

Full Members: Teddy, Tommy, and Tim DiFilippo

Refer a potential member to Dean Abston--DeanAbston@bhhsca.com--(818) 439-4490 for membership applications--and receive one free green fee at an SSGC event at a City course upon that person's joining--(entry fee, prize money, golf cart excluded).



Dean Abston--Membership



THEY GOT YOUR VOTE

Bob Lieb President 310-625-4704-bob89492@msn.com

Edwin Gooze Vice President 626-826-8891-edgooze@gmail.com

Steve Greenbaum Secretary 818-999-2777-steveruth@stevegreenbaum.com

Harvey Goldsmith--Treasurer 818-212-0667-hag1234@aol.com

Dean Abston Membership 818-439-449-deanabston@bhhscal.com

Jan Bernard Tournaments 818-489-1205-sepulvedaseniors@gmail.com

Larry Tash Handicap 818-917-7571-larry.tash@gmail.com

Blane Goldwater Sunshine 818-993-5851-blanegoldwater@gmail.com

Don Kihara Elections 818-915-1480-maaha@aol.com

Steve Skinner Director 818-585-6853-delmar5050@yahoo.com

De Ron Jones Director 818 891 2658-deronjones@yahoo.com

Roger Cowan Director 818-632-6926-cowanroger1@yahoo.com

Past President--Saul Isler-415-250-9830-saulisler@gmail.com

Parliamentarian--Wendy Furth-818-523-2916-wendy@wendyfurth.com

Volunteer/Sub-Director- Wendy Furth

Proofreader--Saul Isler

Ex-officio--Branden Augustus--Course Manager

TOURNAMENT DIRECTORS

MAJORS

Club Championship—Steve Skinner & DeRon Jones;

President's Cup--Don Kihara;

Founders' Cup--Steve Skinner

First Monthly--Jan Bernard

Second Monthly--Jan Bernard

One-Day-Away--Steve Skinner

MGA--Bob Lieb

GAC--Bob Lieb/Blane Goldwater

Website--Jan Bernard

Niblick Editor--Steve Greenbaum

**VISIT OUR WEBSITE-- SEPULVEDASENIORGC.ORG
FOR COMPLETE INFORMATION**

SSGC BOARD & VOLUNTEERS--2024



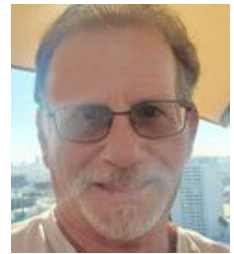
Bob Lieb
President



Ed Gooze
Vice President



Steve Greenbaum
Secretary/Niblick



Harvey Goldsmith
Treasurer



Jan Bernard
Tournament Dir./Website



Dean Abston
Membership/Banquet



Larry Tash
Handicap/Asst. Secretary



Blane Goldwater
Sunshine/Banquet Dir.



Don Kihara
President's Cup/Elections



Steve Skinner
Club Championship
Founders' Cup/Away



De Ron Jones
Club Championship



Roger Cowan
Asst. Tournament Dir.
Banquet



Saul Isler
Immediate Past President
Proofreader/Trophies



Bob Lieb
MGA



Wendy Furth
Parliamentarian
Volunteer at Large
Banquet